

2009 HOPE CONFERENCE

Saturday, March 28, 2009

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ alt.# _____

E-mail _____

Address _____

Church _____

Affiliation _____

How did you find out about the conference? _____

Please check one

Separated Divorced

Widowed



Complete Conference - \$25

(Includes workshops, continental breakfast, lunch, pizza dinner & snacks)

Early regis. by March 21 - \$20

Some workshops limited in size; please register early.

Pre-registration is preferred, however you may register at the door.

(If finances are a concern, please don't hesitate to come - scholarship money is available.)

Please check one workshop for the morning and one for the afternoon:

Morning Workshop A B C D

Afternoon Workshop A B C

Make checks payable to:

“HOPE CONFERENCE”

Mail to: Peggy Cunningham

20 Spring Flower Dr.

N. Chili, N Y 14514

MORNING PROGRAM

KEYNOTE: Dennis E. Boike, Ph. D.

(Marriage & Family Therapist, Consultant to Industry and Education)

will be kind to me ...for I intend to write it. Winston Churchill said it and

you better believe it--for yourself. We need to embrace our power to create our future. Can I be a torrent of joy, love, and creativity, or will I just be a drip of water?

Workshops (Choose One)

A) Mary Clare (MS. Ed., MSW, LCSW, Social Worker and Psychotherapist in private practice)

Finding the Strength to Grieve

The time following the loss of a relationship through separation or death is very difficult to bear. Together, we begin to learn to find the strength we need during this time - in yourself, others, and in your relationship to God.

B) Rev. Robert Werth (Parochial Vicar, Peace Of Christ Parish)

Symptoms of Inner Peace

Did you ever realize that peace is in our midst NOW? Let these symptoms foster and affirm that reality.

C) Deacon Richard Schuler (B.S., M.-Div.) Moving On

A holistic perspective on remembering our losses and embracing new beginnings with God's help.

D) Rev. Pius Pathmarajah (JCL, MTh)

Annulments - Hope for the Hurting

Jesus came to serve. The new code of canon law governing annulments recognizes the need to love and serve divorced persons in a pastoral setting. that fosters healing & reconciliation.

AFTERNOON PROGRAM

Workshops (Choose One)

A) Rev. John Hayes (Pastor of St. Matthew's in Livonia)

Dealing With Grief Head On

Grief can take a devastating toll on us if it is not 'Good Grief'. How does one deal with it head on instead of allowing it to fester just under the surface? Everyone deals with grief differently: some are able to accept it as a part of life, others can even deal with it through humor, or just keeping busy. But the thing about grief is that it does not go away. How can we deal with grief in the everydayness of our lives?

B) Rev. Edward Palumbos (Pastor of Church of the Assumption)

Living Today

We will be exploring ways in which we can grow today in our lives by integrating the pain and loss of the past into an enriching experience for today. All loss, whether through death, disease or divorce, has much in common and much to teach us about ourselves.

C) Liz & Steve Wascak (Leadership roles in B.E. & programs dealing with issues involving broken relationships)
Reaching Life's Fulfillment

This Moving On workshop will focus on knowing yourself once you have "been to the water" and are in the process of healing. It will explore some of our crippling attitudes, which, if we can change them, will lead us to be a more fully alive person.

Closing Session (open to all)
3:45-4:30 Deacon John Cunningham
(St. Christopher's) Come to the Water
 When in your life have you 'thirsted' and found water? Was there a moment today that particularly moved you? Where are you going from here?

Conference Date – March 28, 2009

DAY'S EVENTS

- 8:00 - 8:40** Registration
Continental Breakfast
- 8:40 - 9:00** Gathering
- 9:00 - 10:00** Keynote
Dennis E. Boike, Ph.D.
- 10:15 - 12:15** AM Workshops
- 12:15 - 1:15** Lunch-buffet
- 1:30 - 3:30** PM Workshops
- 3:30 - 3:45** Break
- 3:45 - 4:30** *Come to the Water*
- 4:30 - 5:00** Process to Church
- 5:00** Mass
- 6pm** Pizza Dinner

For emergency calls the day of the conference, call John- 585- 301-8540

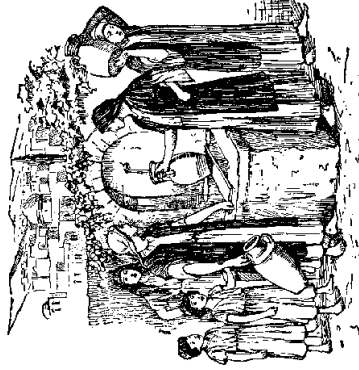
For more brochures, print from website www.stchristophersnchili.org

For more information about the conference please contact Deacon John or Peggy at:
 Phone: 585-617-4614
 or Email
peggymcunningham@yahoo.com

**DIRECTIONS TO:
 ST JOHN OF ROCHESTER
 8 Wickford Way
 Fairport, NY 14450**

From the East:
 Rt. 490W to Exit 26 (Rt.31)
 Turn left on Rt.31 & go .4 miles.
 Turn right on Wickford & go .3 miles.

From the West:
 Rt. 490 East to Exit 26 (Rt.31)
 Turn slightly right (Rt.31) & go .4 miles.
 Turn right onto Wickford and go .3 miles.



Come to the Water
 March 28, 2009

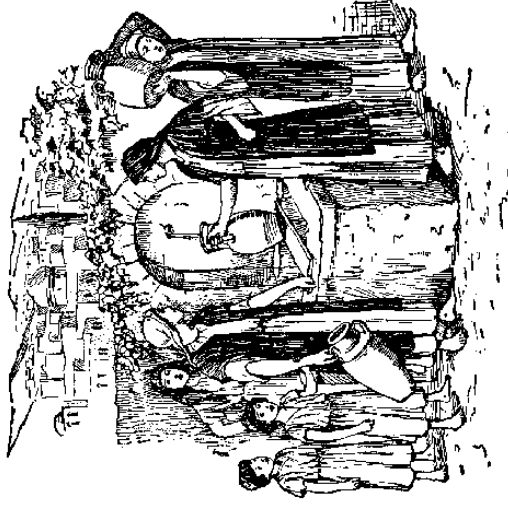
MISSION STATEMENT

During life's transitions, we sometimes lose hope. We often neglect to rejoice in how our past has shaped us, to celebrate the wonders of the present, and to look with joy

towards the future. Our desire is to hold a conference which offers us HOPE and, for one day, a path of guidance to follow as we renew our spirit.

**2009
 HOPE CONFERENCE**

*Come to the
 Water*



*An all day conference for the
 Separated, Divorced, and
 Widowed*

Saturday – March 28, 2009
St. John of Rochester
8 Wickford Way
Fairport, NY 14450